



# **Microgreens and Urban Farming in Vancouver**

**The value of space-intensive crops for sustainability in urban  
commercial food production**

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# Obligatory Outline



2009 Kirsty A Morris



# Who am I?





# Introducing Urban Farming

## Revenue-generating urban agriculture

- Or, urban-grown food consumed by someone other than the grower

**Urban Farms are small businesses**





# Urban Farming in Vancouver

- **Metro Vancouver**

- Currently about 30 urban farms

- **Greenest City Initiative**

- Greenest City in the World by 2020
  - Local Food and Green Economy – two areas of focus

- **Metro Vancouver Regional Food System Strategy**

- Encourages municipalities to adjust bylaws to account for urban farming businesses



# Urban Farming in Vancouver

## 5 Characteristics of Urban Farms in Vancouver

- Intensive food production
- Collaborative
- Usually documented electronically
- Entrepreneurial in nature
- Take place on multiple sites



# Introducing Urban Microgreens

**Goals of this urban microgreens system:**

- Avoid multiple production sites
- Manage system within normal working hours
- Make a profit!



# Urban Microgreens System





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