

# Sprout Safety Task Force: September 11, 2023

**Sprout Safety and Emerging Issues:  
An INTERNATIONAL SPROUT  
GROWERS ASSOCIATION (ISGA)  
Perspective**

**Presented to the Institute for Food  
Safety and Health (IFSH) Sprout  
Safety Task Force:**

**By Carmen Wakeling: President  
ISGA**



# What is the ISGA?

**Our mission is to promote global collaboration among professional sprout growers and suppliers, in order to promote the health benefits of sprouts, and to work with researchers and government agencies to assure the safe production of sprouted foods.**



9/6/2023

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## RELATIONSHIP BETWEEN ISGA AND IFSH

The ISGA has been a member of Institute for Food Safety and Health (IFSH) since IFSH's inception.

The IFSH team, along with producer representatives, have been very proactive in initiating and implementing many programs

Thank you for all you have done for us

We look forward to continuing this work

# OVERVIEW OF SPROUT INDUSTRY 2023

- The exact number of sprouters globally is hard to figure out.
- Producers around the globe produce both green sprouts (alfalfa, broccoli, clover etc.) and Bean sprouts (Mung, Soy, etc.)
- Bean sprouts are consumed as a staple of many Asian countries, they are heavier and probably by volume are more popular than green sprouts.
- As the ISGA, our goal is to transfer knowledge to consumers, regulators and producers. There are lots of learning opportunities.
- Sharing ideas and information is essential.
- Not all countries think the same way and it is wonderful to learn the different concepts and rationale from each other.
- Our North American industry has had 2 voluntary recall in 2023 with no illnesses reported.
- Unfortunately, in 2022 we had 1 recall that was associated with 63 illnesses. There is evidence that sprout specific education and experience was lacking.
- Sprout producers continue to be one of the few produce types that can be grown anywhere year-round allowing local communities to benefit nutritionally.



### Why do people want to eat sprouts and microgreens?



Sprouts and microgreens are a very nutritious and diverse food source.



They can be grown anywhere and provide both vitamins and minerals along with fiber.



Sprouts are delicious and fun to grow and eat.



## What is the difference?

### SPROUTS

A sprout is consumed with its roots attached.  
Sprouts are generally grown in water.

### MICROGREENS

A microgreen is consumed with its roots removed. Microgreens are generally grown in a substrate.



OF NOTE.....FOR MICROGREEN  
PRODUCTION.....

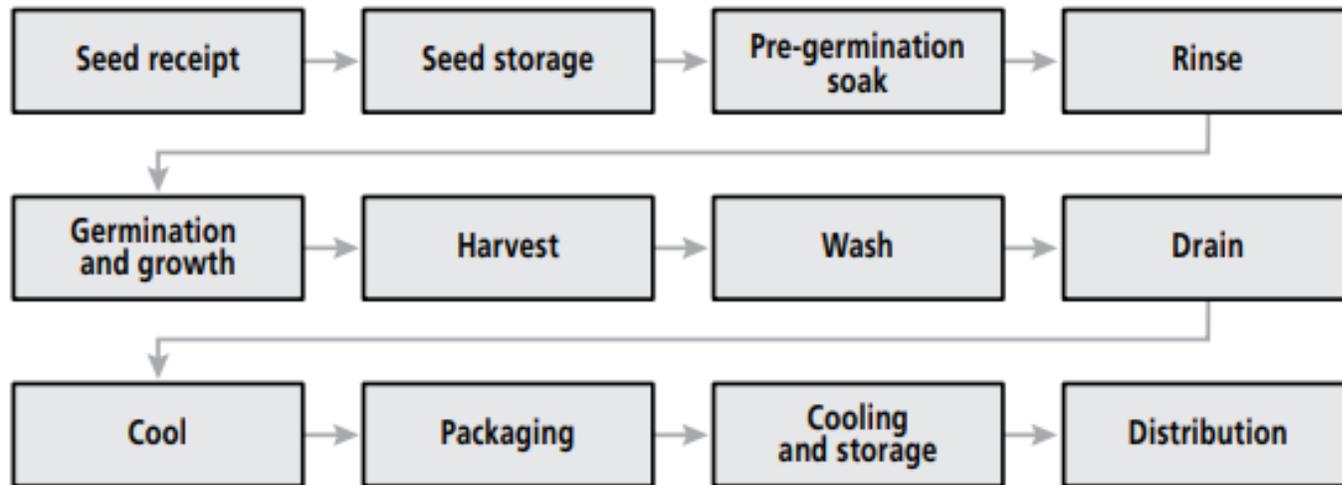
THERE ARE DIFFERENT RISKS TO  
CONSIDER IN ANY PRODUCT  
GROWN IN MEDIUM  
COMPARED TO WATER.

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What does a process flow for sprouts grown commercially look like?

**FIGURE 2** Typical sprout production process



Source: Adapted from the National Advisory Committee on Microbiological Criteria for Foods (NACMCF, 1999). NACMCF (National Advisory Committee on Microbiological Criteria for Foods). 1999. Microbiological safety evaluations and recommendations on sprouted seeds. *International Journal of Food Microbiology*, 52(3):123-153. [https://doi.org/10.1016/S0168-1605\(99\)00135-X](https://doi.org/10.1016/S0168-1605(99)00135-X)

# Growing steps at Eatmore Sprouts & Greens:



Seed receipt/  
storage



Pre-germination  
treatment and  
soak



Germination  
and growth



Wash/ drain



Prepare for  
harvest



Harvest

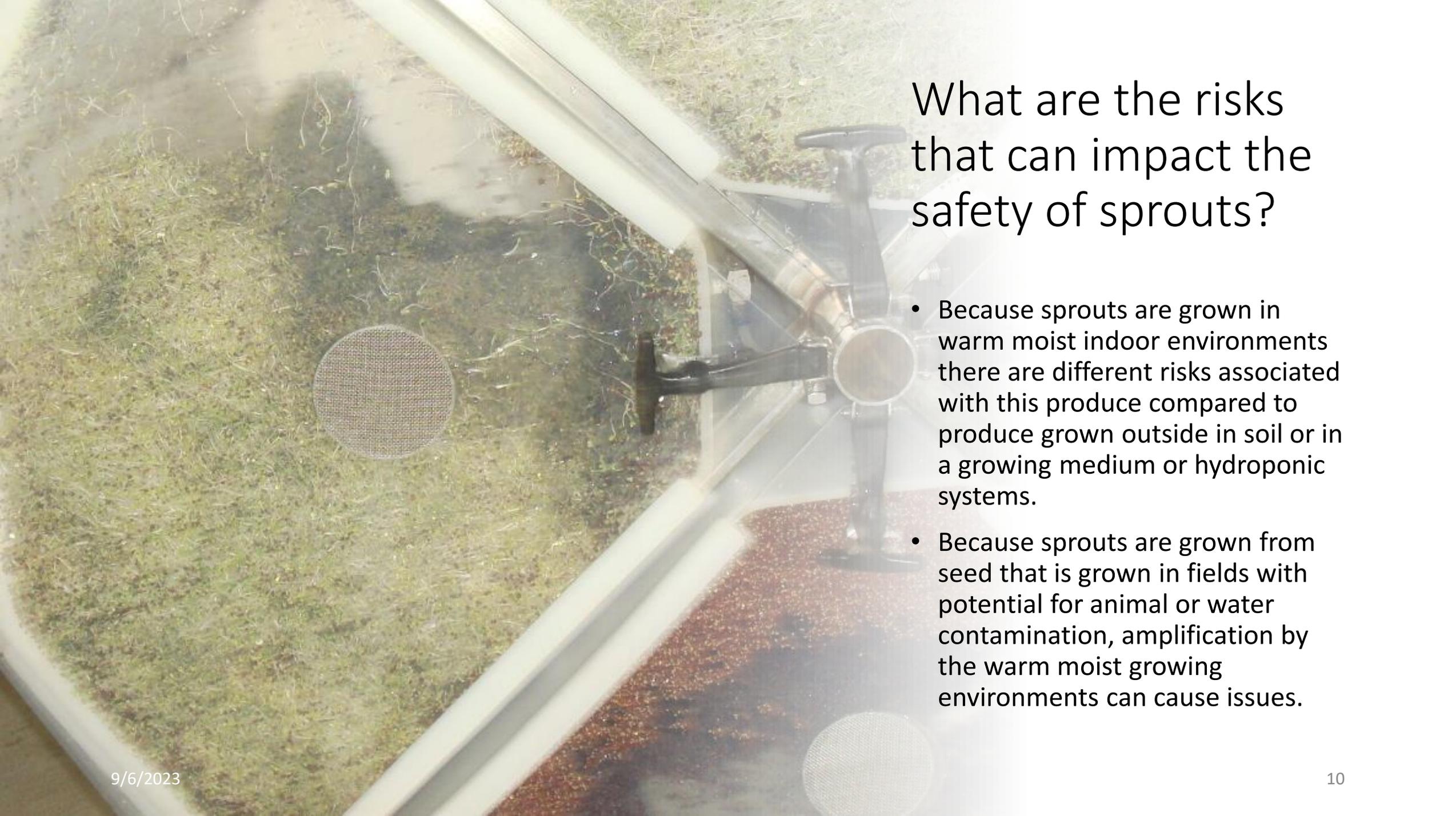


Cooling,  
storage and  
distribution



ENJOY!



A photograph of a hydroponic grow tray. The tray is filled with a green, fibrous growing medium. A circular metal mesh screen is placed on the surface of the medium. A black sprouter device with a handle and a circular opening is positioned on the right side of the tray. The background is a light-colored surface.

## What are the risks that can impact the safety of sprouts?

- Because sprouts are grown in warm moist indoor environments there are different risks associated with this produce compared to produce grown outside in soil or in a growing medium or hydroponic systems.
- Because sprouts are grown from seed that is grown in fields with potential for animal or water contamination, amplification by the warm moist growing environments can cause issues.



## Potential sources of contamination for sprout producers

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Contaminated seed

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Contaminated water

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Contamination by workers

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Contamination by equipment

# A little history about sprouts and food safety

- Most sprout producers got into the industry initially to grow healthy food for people.
- People really loved the food we were growing, and our businesses were thriving.
- As an industry we were a little naïve. Food safety was not the main focus for us in the 80s and early 90s. We were all about local healthy food.
- When collectively it was recognized that there might be a problem with this small but mighty food there was deep concern. It had a big impact and made us change the way we thought about our produce.
- 1996 and 1999 were tough years for us. 1996 there were two outbreaks resulting in 650 illnesses.
- We had to get to work to figure out what was going on.



- 
- The ISGA was formed around this time. The information was shared through word of mouth.
  - Of course, the most important thing was to figure out what was causing the issues.
  - Seed was identified as the main issue. At that time there was much less control, limited preventative control programs, food safety programs were minimal at best and producers had a massive learning curve ahead.
  - There was no internet, so communication and education were hard.
  - Because we took this very seriously, people travelled from all over to have face to face meetings which they invited researchers and suppliers to.
  - The goal was finding a solution to this issue of sprouts making people sick.
  - Dramatic policies were put in place in 1999 to try and do something.
  - Until very recently, seed sanitation with 20,000 ppm Chlorine has been the go-to for seed treatment.
  - A warning label was issued for sprouts, and they went from a super health food to potentially fatal.



**EMERGENCY**

In 2006 we realized that we were not alone in the produce world.

*"I sometimes think that sprouts with their differences were the thin edge of the wedge".*

In a more and more contaminated world, it seems that this was an inevitable outcome. We now know that fresh fruits and vegetables have as much potential as sprouts to be contaminated. We have the benefit of growing in a controlled environment. We cannot become complacent.

## FDA: Earthbound Farm brand spinach connected to E. coli outbreak

KAZU

Published September 16, 2006 at 4:11 AM PDT



By Ben Adler

<http://stream.publicbroadcasting.net/production/mp3/kazu/local-kazu-530091.mp3>

San Juan Bautista, CA – The Food and Drug Administration has traced the recent outbreak of E. coli bacteria in spinach to the Salinas Valley.

San Juan Bautista-based Natural Selection Foods LLC says it's initiated a voluntary recall of all its spinach and spinach-containing products. It's best known for the organic brand Earthbound Farm, but it also has a hand in producing 30 others, including Dole and Trader Joe's.

The FDA's chief officer for food safety, Dr. David Acheson, says there's no hard scientific link to Natural Selection right now, but the epidemiological evidence points in that direction. KAZU's Ben Adler reports.

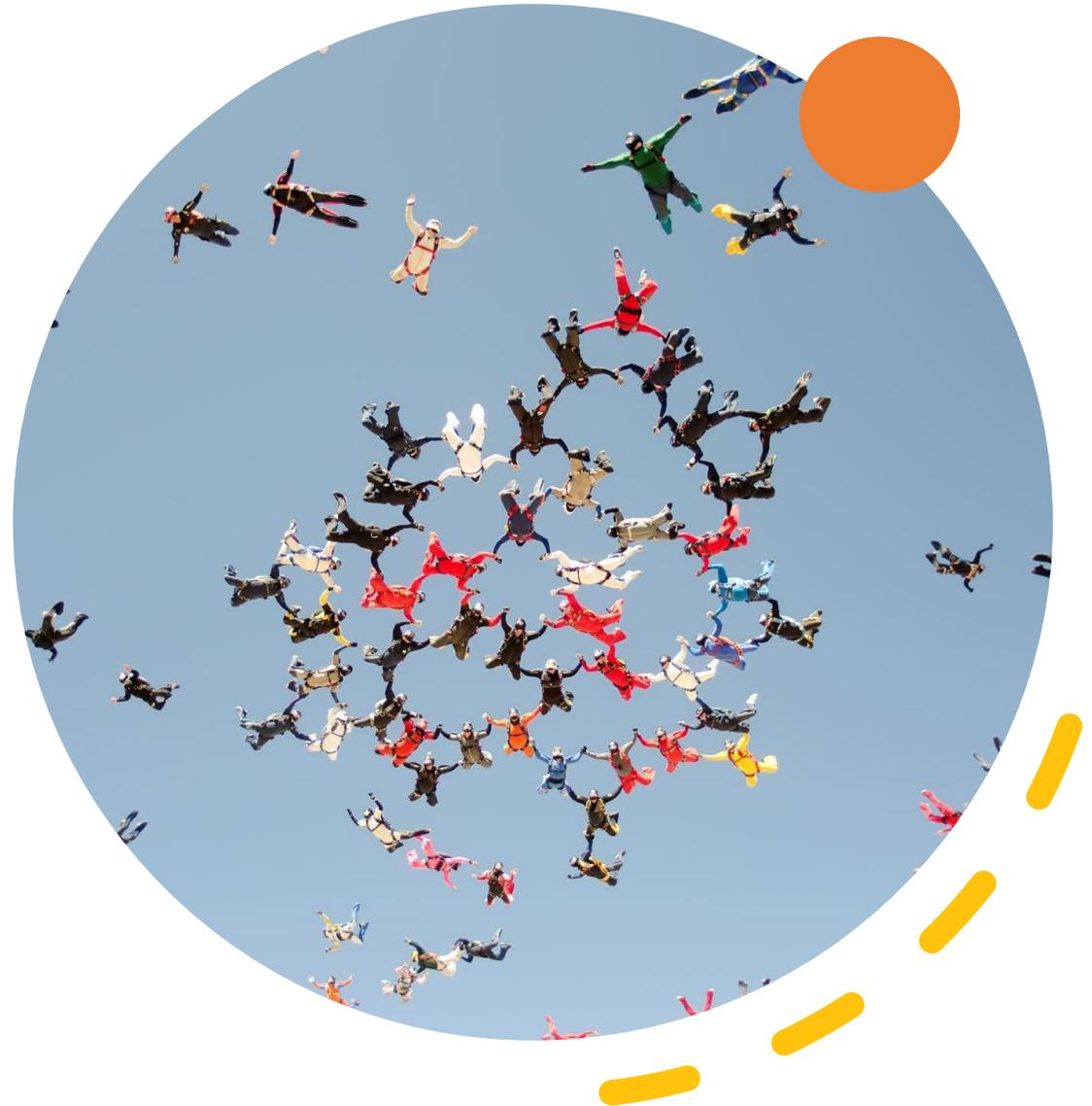




- Because of the hard work of engaged participants, we have come a long way.

# WHAT HAVE WE DONE AS AN INDUSTRY (focus USA)?

- Since 1999 focus has been placed on training of sprout producers, testing and continuous improvement to our facilities and education of suppliers.
- The Sprout Safety Task Force was formed in 2009.
- In 2016 the Sprout Safety Training was initiated. To date ~431 individuals have participated in the grower training and ~40 individuals have participated in the lead instructor training.
- USA Best Practices document was released in 2019
- FSMA rule implemented over the last few years. This includes things such as Preventative Control Programs and Food Safety Management
- The ISGA has an annual convention: Education is provided on all aspects of sprout production. Our convention has been an opportunity to build relationships with all participating partners. In 2023 we had many researchers working with the sprout industry.
- Seed supplier guidance document “reducing microbiological hazards in seed for sprouting” issued in May 2022.
- We continue to build relationships with researchers to engage in finding solutions to our issues.



# Continuous improvement timelines: North American Sprout Industry 1996-2023

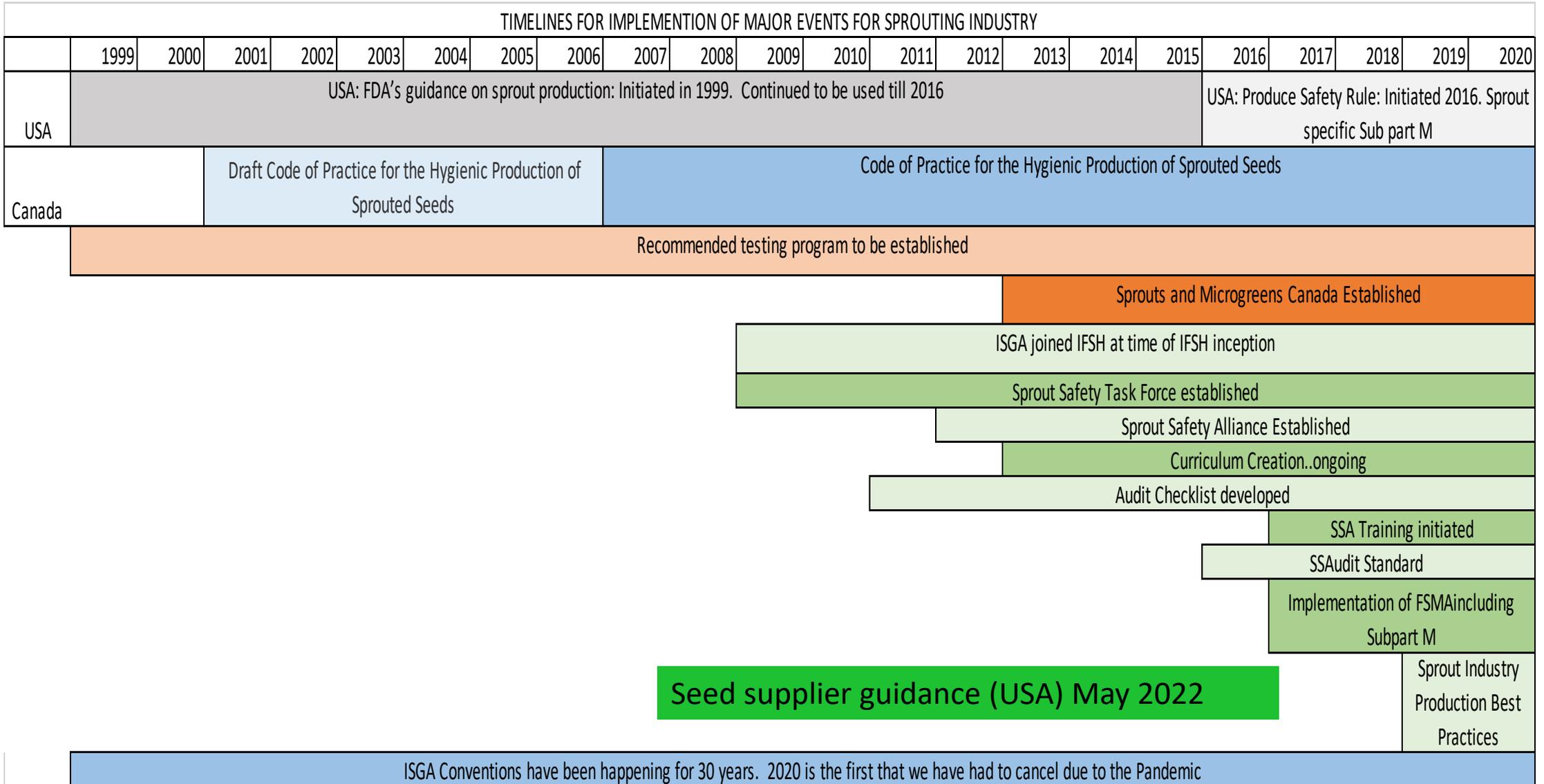


TABLE A2.1 Foodborne illness outbreaks associated with the consumption of contaminated sprouts. (cont.)

DATE	CAUSATIVE AGENT	NO. OF ILLNESSES REPORTED	TYPE OF PRODUCT IMPLICATED	COUNTRY OF OUTBREAK	REFERENCE
Dec 2010	Salmonella	3	Alfalfa sprouts (imported)	United States of America (imported)	CDC, 2012
Nov 2010-Feb 2011	Salmonella serovar 4,8,10,12:1	140	Alfalfa sprouts	United States of America (imported)	CDC, 2010
Aug-Oct 2010	Salmonella Senftenberg	231	Mung bean sprouts	United Kingdom	Cherry et al., 2010
2010	Salmonella Anatum	4	Bean sprouts	United Kingdom	EFSA, 2011
Mar-Jun 2010	Salmonella Newport	44	Alfalfa sprouts	United States of America (imported)	CDC, 2010
Feb 2010	unknown	4	Sprouts, unspecified	United States of America (imported)	CDC, 2012
Aug 2009	Salmonella Thompson	14	Alfalfa sprouts (imported)	United States of America (imported)	CDC, 2012
Jun 2009	Salmonella Bredeney/Cassidy	42	Alfalfa sprouts	Ireland	Stubbins-Kelly et al., 2011
Apr-Jul 2009	Salmonella Cuba	20	Green sprouts and mixed green sprouts	Canada	Garcia and Hancock, 2010
Apr 2009	Salmonella Cuba	2	Sprouts, unspecified	United States of America (imported)	CDC, 2012
Feb, May 2009	Salmonella Saintpaul	256	Alfalfa sprouts	United States of America (imported)	CDC, 2009a, 2009b
Feb 2009	Salmonella Orlanburg	25	Alfalfa sprouts	United States of America (imported)	CDC, 2012
Sep 2008	E. coli O157:NM	21	Alfalfa sprouts, kidney (alfalfa), unspecified	United States of America (imported)	CDC, 2012
Jul 2008	Salmonella Thompson	24	Alfalfa sprouts	United States of America (imported)	CDC, 2012
Mar 2008	Listeria monocytogenes	20	Sprouts, unspecified	United States of America (imported)	CDC, 2012
2008	Staph. aureus	42	Bean sprouts	Denmark	EFSA, 2011
Jul-Oct 2007	Salmonella Wittenberg	45	Alfalfa sprouts	Denmark, Norway and Ireland	Embleton et al., 2007

TABLE A2.2 Foodborne illness outbreaks associated with the consumption of contaminated sprouts.

DATE	CAUSATIVE AGENT	NO. OF ILLNESSES REPORTED	TYPE OF PRODUCT IMPLICATED	COUNTRY OF OUTBREAK	REFERENCE
Jan 2020-Mar 2020	E. coli O103	21	Cherries sprouts	United States of America (imported)	CDC, 2020
Dec 2019	E. coli O103	22	Cherries sprouts	United States of America (imported)	FDA, 2020
Dec 2017-Jan 2018	Salmonella Montevideo	10	Sprouts	United States of America (imported)	CDC, 2018
May-Jul 2016	Salmonella	30	Alfalfa sprouts	United States of America (imported)	Beach, 2016
Apr 2016	Salmonella Saintpaul	244	Mung bean sprouts	Australia	Stevens, 2016
Jan 2016	E. coli O157	11	Alfalfa sprouts	United States of America (imported)	CDC, 2016a
Nov 2015-Dec 2015	Salmonella Massachusetts	11	Alfalfa sprouts	United States of America (imported)	CDC, 2016a
Sep 2014	Salmonella Enteritidis	105	Bean sprouts	United States of America (imported)	CDC, 2015a
Jan-Apr 2014	Listeria monocytogenes	5	Mung bean sprouts (Winn and Michigan)	United States of America (imported)	CDC, 2015b
May 2014	E. coli O157	19	Raw (green) sprouts (Washington and Idaho)	United States of America (imported)	CDC, 2014a
Jul 2012	Salmonella Cuba	19	Sprouts, unspecified	United States of America (imported)	CDC, 2012
Mar 2012	Listeria monocytogenes	6	Sprouts, unspecified	United States of America (imported)	CDC, 2014b
Dec 2011-Feb 2012	E. coli O26	29	Raw (green) sprouts	United States of America (imported)	CDC, 2012
Aug 2011	Salmonella Agona	7	Sprouts, unspecified	United States of America (imported)	CDC, 2012
Apr-Jul 2011	Salmonella Enteritidis	27	Alfalfa sprouts and other sprouts	United States of America (imported)	CDC, 2011a
May-Jul 2011	E. coli O104:H4	4,075	Fermented sprouts	Europe, Canada and United States of America	Buchholz et al., 2011; CDC, 2011
Apr 2011	Salmonella Massachusetts	7	Cherries sprouts	United States of America (imported)	CDC, 2012
Dec 2010	Salmonella Newport	9	Cherries sprouts	United States of America (imported)	CDC, 2012

TABLE A2.2 Foodborne illness outbreaks associated with the consumption of contaminated sprouts. (cont.)

DATE	CAUSATIVE AGENT	NO. OF ILLNESSES REPORTED	TYPE OF PRODUCT IMPLICATED	COUNTRY OF OUTBREAK	REFERENCE
Jul-Aug 2007	Salmonella Danbury	44	Alfalfa sprouts	Norway	Werner et al., 2007
Apr 2007	Salmonella Minnesota	15	Alfalfa sprouts	United States of America (imported)	CDC, 2012
2006	Salmonella Senftenberg and Virchow	105	Mung bean sprouts	Norway	De Jong, Oberg and Steingrimsdottir, 2007
Feb 2006	Salmonella Brandenburg	4	Bean sprouts	United States of America (imported)	CDC, 2012
2006	Salmonella Orlanburg	15	Alfalfa sprouts	Australia	Chiffoleth, 2007
Nov 2005	Salmonella Orlanburg	105	Alfalfa sprouts	Australia	Adler, 2006
Nov 2005	Salmonella Brandenburg	2	Mung bean sprouts	United States of America (imported)	CDC, 2012
Oct-Dec 2005	Salmonella spp.	648	Mung bean sprouts	Canada	Ontario Newsroom, 2005
Apr 2004	E. coli O157:NM	2	Alfalfa sprouts	United States of America (imported)	CDC, 2012
Apr 2004	Salmonella Bredeney/Cassidy	35	Alfalfa sprouts	United States of America (imported)	CDC, 2012
Nov 2003	Salmonella Chester	26	Alfalfa sprouts	United States of America (imported)	CDC, 2012
Jul 2003	E. coli O157:NM	13	Alfalfa sprouts	United States of America (imported)	Ferguson et al., 2005
Feb 2003	Salmonella Saintpaul	16	Alfalfa sprouts	United States of America (imported)	CDC, 2012
Feb 2003	E. coli O157:H7	7	Alfalfa sprouts	United States of America (imported)	Ferguson et al., 2005
Jan 2003	E. coli O157:H7	20	Alfalfa sprouts	United States of America (imported)	CDC, 2012
Jul 2002	E. coli O157:H7	5	Alfalfa sprouts	United States of America (imported)	CDC, 2012
2002	Salmonella Albany	13	Mung bean sprouts	Ireland	EFSA, 2011
Apr 2001	Salmonella	35	Mung bean sprouts	United States of America (imported)	CDC, 2012



Food and Agriculture  
Organization of the  
United Nations

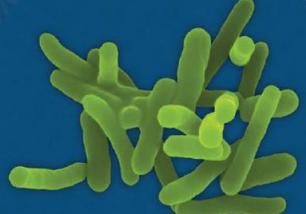


World Health  
Organization

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## Prevention and control of microbiological hazards in fresh fruits and vegetables – Part 3: Sprout

Meeting report



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**MICROBIOLOGICAL RISK  
ASSESSMENT SERIES**

# Annex 2

## Sprout-associated foodborne illness outbreaks and surveillance data

TABLE A2.1 Examples of bacterial contamination rates and their prevalence in sprouts sampled from the marketplace in three WHO regions for which surveillance data were available.

MICROBIAL HAZARD	AMR		EUR		WPR		TOTAL		REFERENCES
	PREVAL WAVG	POS RATE							
<i>Listeria</i> spp.	1%	6/469	0%	0/15	--	--	1%	6/484	Abadías et al., 2008; FDA 2
<i>Salmonella</i> spp.	0%	0/471	0%	0/15	--	--	0%	0/486	Abadías et al., 2008; Da Cruz et al., 2019; FDA, 2017
STEC	0%*	0/1383	40%	6/15	--	--	0%	6/1398	Abadías et al., 2008; CFIA, 2022; FDA 2017
<i>Staphylococcus</i> spp.	0%	0/2	--	--	17%	19/112	0%	19/114	Da Cruz et al., 2019; Seo, Jang and Moon, 2010
<b>Total</b>	0%	6/2323	13%	6/45	17%	19/112	1%	31/2482	

Source: Authors' elaboration.  
\*WHO classifications: AMR, Region of the Americas; EUR, European Region; WPR, Western Pacific Region. Preval WAVG, Prevalence as a weighted average; Pos rate, sample positive rate.

World Health Organization published this document in 2022. It is quite short but worth a read.

A signpost with four directional signs: INTEGRITY, ETHICS, RESPECT, and HONESTY, set against a blue sky with clouds.

Examples of regulation and engagement that has changed the way we work.

# Canadian Regulation



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## Preventive controls for the hygienic production of sprouted seeds

### On this page

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[Definitions](#)

[Seed production](#)

[Control of sprouting production](#)

[Sample collection and testing of the spent irrigation water and sprouts](#)

### Introduction

This document provides information about good agricultural practices (GAP) and good hygienic practices for the production of sprouted seeds that may be consumed raw. It sets out specific recommendations for the production of

# European Sprouted Seed Association (ESSA)

## ESSA hygiene guideline for the production of sprouts and seeds for sprouting

(2017/C 220/03)

### Abstract

The EU sprouted seeds market is a highly specialised niche segment of the fresh produce market with approximately 120 professional production establishments throughout the EU. After the EHEC crisis in 2011 and EFSA's 'Scientific Opinion on the risk posed by Shiga toxin-producing *Escherichia coli* (STEC) and other pathogenic bacteria in seeds and sprouted seeds', new EU legislation entered into force to enhance the safety of this product segment across Europe. Different national guidelines were created to help in the implementation of these specific rules. The purpose of this European guideline, written by the European Sprouted Seeds Association (ESSA), is to give comprehensive instructions on the hygienic practices for the safe production of sprouts and seeds for sprouting, and make this information available to sprout producers in European countries and beyond.

This guideline may be used to create checklists and schemes in order to facilitate the application of the guideline.

### Scope of this guide

This guideline refers to the commercial production of sprouts and seeds for sprouting in accordance with applicable legislation of the European Union. The germination of seeds — moistening seeds to increase the water content in them and bring them out of dormancy, until a new plant starts growing upward — is primary production in the EU. This hygiene guideline covers activities that are part of primary production. Activities outside the scope of primary production are not covered, but alternative guidance may be available and listed in the references below. This guideline does not cover the production of other sprouted seeds, like microgreens, shoots, cress and products that are cultivated in growing media or soil in greenhouses. Sprouted seeds commodities excluded from the scope of this guidance are covered by Commission Recommendation – Guidance document on addressing microbiological risks in fresh fruit and vegetables at primary production through good hygiene<sup>(1)</sup>.

### Applicable EU legislation for the production of sprouts and seeds for sprouting

The general food safety requirements including the obligation to only place safe food on the market are laid down in Regulation (EU) No 178/2002. The hygienic production of foodstuffs in the EU is covered by Regulation (EC) No 853/2004 and in particular by Annex 1 Part A of this regulation. It obliges primary producers to make sure that primary products are protected against contamination, for example by putting measures in place that prevent contamination from the air, soil, water, fertilisers, plant protection products and biocides and the storage, handling and disposal of waste. The present guidelines give practical examples to supplement these general provisions.

More specific requirements for the production of sprouts are laid down in several additional EU regulations: Commission Implementing Regulation (EU) No 208/2013 on traceability requirements for sprouts and seeds intended for the production of sprouts, Commission Regulation (EU) No 209/2013 (amending Regulation (EC) No 2073/2005) on microbiological criterion for sprouts, Commission Regulation (EU) No 210/2013 on the approval of establishments producing sprouts and Commission Regulation (EU) No 211/2013 (amended by Commission Regulation (EU) No 704/2014) on certification requirements for imports of sprouts and seeds for sprouting into the EU. The requirements of these regulations are included in this guideline.

All pieces of EU legislation mentioned throughout this guide are referenced in Annex I of this guide. Annex II provides references to other relevant sources of information related to the production of sprouts.

This guideline covers the minimum requirements for production of sprouts in the EU. Some EU Member States may have more stringent requirements for the sprout producers established in these Member States. It is generally recommended that sprout producers keep in contact with their competent authority to keep informed about the applicable rules in their relative Member State.

### Additional documents going beyond the present guidelines

Additional guidance is available through relevant publications of the Codex Alimentarius, general good agricultural practices (GAP) and hygiene practices (GHP) developed by different national authorities as well as guidelines from different private stakeholders and certification schemes. Information concerning guidance documents known to the European Sprouted Seeds Association (ESSA) has been included into the references and annexes of this

# Australia and New Zealand

## INTRODUCTION

Sprouted seeds are used as a source of food because of their taste, texture and nutritional value. However, they have the potential to cause food borne illness in people if the seed sprouts become contaminated with bacteria, such as *E.coli*, *Salmonella* and *Listeria monocytogenes*. Sprouted seeds represent a unique microbial food safety concern due to the potential for these bacteria to grow rapidly during the germination and sprouting of the seeds. Nearly all sprout related outbreaks have been traced to bacteria in seed. In the past 20 years, at least 39 major outbreaks of food borne illness across the United States, Canada and Europe have been caused by the consumption of contaminated seed sprouts. In Australia, a number of product recalls have taken place when sprouts have tested positive for these bacteria.

Sources of potential food safety hazards that may contaminate sprouts during sprout production, packing, handling, storage and transportation can be the seeds used, equipment, water and medium supporting sprout growth. Chemicals used or present in a sprout production environment, and metal, glass, wood or plastic objects present in or used for sprout production and handling, may present food safety hazards.

## THE PRODUCTION AND PROCESSING STANDARD FOR SEED SPROUTS

In 2012, Food Standards Australia New Zealand (FSANZ) introduced a standard into the Food Standards Code: Standard 4.2.6 - Production and Processing Standard for Seed Sprouts. The Standard is a national standard that applies to sprout processors in all states and territories. In Victoria, the Standard created a new set of legal requirements under the *Food Act 1984* (the Act) for seed sprouts.

The Standard aims to minimise the risk of food borne illness by setting out requirements for managing the hazards associated with the production of seed sprouts. A hazard is anything that could cause harm to consumers, and could be biological (eg *Salmonella* or aflatoxin), physical (eg glass particles) or chemical (eg cleaning products).

There are six requirements covered in the Standard which are general food safety management, receiving of seed, inputs, decontamination, traceability and sale or supply.

Businesses must also address other requirements of the Food Standards Code, including those outlined in:

Standard 1.2.1: Application of Labelling and Other Information Requirements

Standard 1.6.1: Microbiological limits in food

Standard 3.2.2: Food Safety Practices and General Requirements

Standard 3.2.3: Food Premises and Equipment

Standard 4.1.1: Primary Production and Processing Standards – Preliminary Provisions

### Does the standard apply to you and your business?

The Standard covers seed sprouts that are sold to consumers, but not directly to the public, with all or part of the seed, including,

# FDA industry guidance for USA growers

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The requirements in 21 CFR Part 112, Subpart M (Sprouts) apply to the growing, harvesting, packing and holding of all sprouts except sprouts that are grown in soil or non-soil substrates (e.g., mats, perlite or other growth media) and that are harvested above the soil or substrate line without their roots (§ 112.141).

 Food and Drug Administration (.gov)  
https://www.fda.gov › media › download PDF

## Determining Coverage under Subpart M of the FSMA Produce ...

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## FSMA Final Rule on Produce Safety

*Standards for the Growing, Harvesting, Packing, and Holding of Produce for Human Consumption*

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Food Safety Modernization Act (FSMA)

Frequently Asked Questions on FSMA

FSMA Rules & Guidance for Industry

What's New in FSMA

FSMA Training

FSMA Technical Assistance Network (TAN)

### About the Final Rule

- [Federal Register Notice announcing the Final Rule](#)
- Docket Folder [FDA-2011-N-0921](#) provides full text of the Rule
- [Questions & Answers](#)
- [Coverage and Exemptions/Exclusions Flowchart](#) (Color, PDF - 95KB)
- [Coverage and Exemptions/Exclusions Flowchart](#) (Black & White, PDF - 67KB)
- [What the Produce Safety Rule Means for Consumers](#)
- [What to Expect Now That Larger Farms Must Comply with the FSMA Produce Safety Rule](#)

The Produce Safety rule establishes, for the first time, science-based minimum standards for the safe growing, harvesting, packing, and holding of fruits and vegetables grown for human consumption. The rule is part of the agency's ongoing efforts to implement the

Content current as of:  
04/14/2023

Regulated Product(s)  
Food & Beverages

Law(s) & Regulation(s)  
Food Safety Modernization A

For seed  
suppliers.....

## FDA Issues Final Guidance for Seeds Used for Sprouting

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### Constituent Update

May 13, 2022

Today the U.S. Food and Drug Administration (FDA) issued a final guidance titled “[Reducing Microbial Food Safety Hazards in the Production of Seed for Sprouting: Guidance for Industry.](#)” This guidance outlines FDA’s serious concerns over foodborne illness outbreaks associated with the consumption of raw and lightly-cooked sprouts and provides firms with recommended steps to prevent adulteration throughout the production chain of seed for sprouting.

Between 1996 and 2020, there were 52 reported outbreaks of foodborne illness associated with contaminated sprouts, resulting in more than 2,700 cases of illness. Although contamination can occur at any point along the sprout supply chain, seed has historically

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**Content current as of:**  
05/13/2022

**Regulated Product(s)**  
Food & Beverages

# Best Practices created with industry and Regulatory participation.

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## Best Practices in Sprout Production

[IIT IFSH Auditing and Inspection Checklist for Sprouting Facilities](#) ↓

Released in 2011, IIT IFSH's Sprout Safety Taskforce's ground-breaking audit checklist, along with on-site beta test results validating its effectiveness in a real-world setting, is designed to improve sprout safety best practices.

[IIT IFSH Auditing and Inspection Checklist for Sprouting Facilities: Appendix A—Antimicrobial Treatments for Sprouting Seeds](#) ↓

Useful reference list of published studies evaluating antimicrobial treatments for sprouting seeds.

**Disclaimer:** Some of the methods listed in Appendix B below have not been through multi-lab validation to gain the AOAC Official Methods of Analysis (OMA) status. For a list of FDA approved equivalent methods for testing *E. coli* O157 and *Salmonella* in spent sprout irrigation water or sprout samples, please see <https://www.fda.gov/food/laboratory-methods-food/equivalent-testing-methodologies-e-coli-o157h7-and-salmonella-spent-sprout-irrigation-water> ↗

[IIT IFSH Auditing and Inspection Checklist for Sprouting Facilities: Appendix B—Validated Test Kits for Microbial Testing of Spent Irrigation Water during Sprout Production](#) ↓

Useful list of AOAC Official Methods, Performance Tested Methods, and other validated tests for microbial testing of spent irrigation water during sprout production.

HOW ARE THINGS GOING  
FOR THE SPROUT  
INDUSTRY IN 2023?



# We have been doing quite well recently in North America (and elsewhere)



- With the intensive testing programs, we have in place we can identify and remove our products either before they hit the market or very quickly when they have gotten to market.
- We have been educating growers and suppliers through the work that we have engaged in.
- Through our conventions (that have been going on for 33 years) 1000's of people have met each other, and many relationships have been built.
- North American work with IFSH (Institute of Food Safety and Health) where the Sprout Safety Alliance and the Sprout Safety Task Force have worked as a team to enhance safety, educate growers and develop best practices documents and training in the USA, other countries are doing similar work.

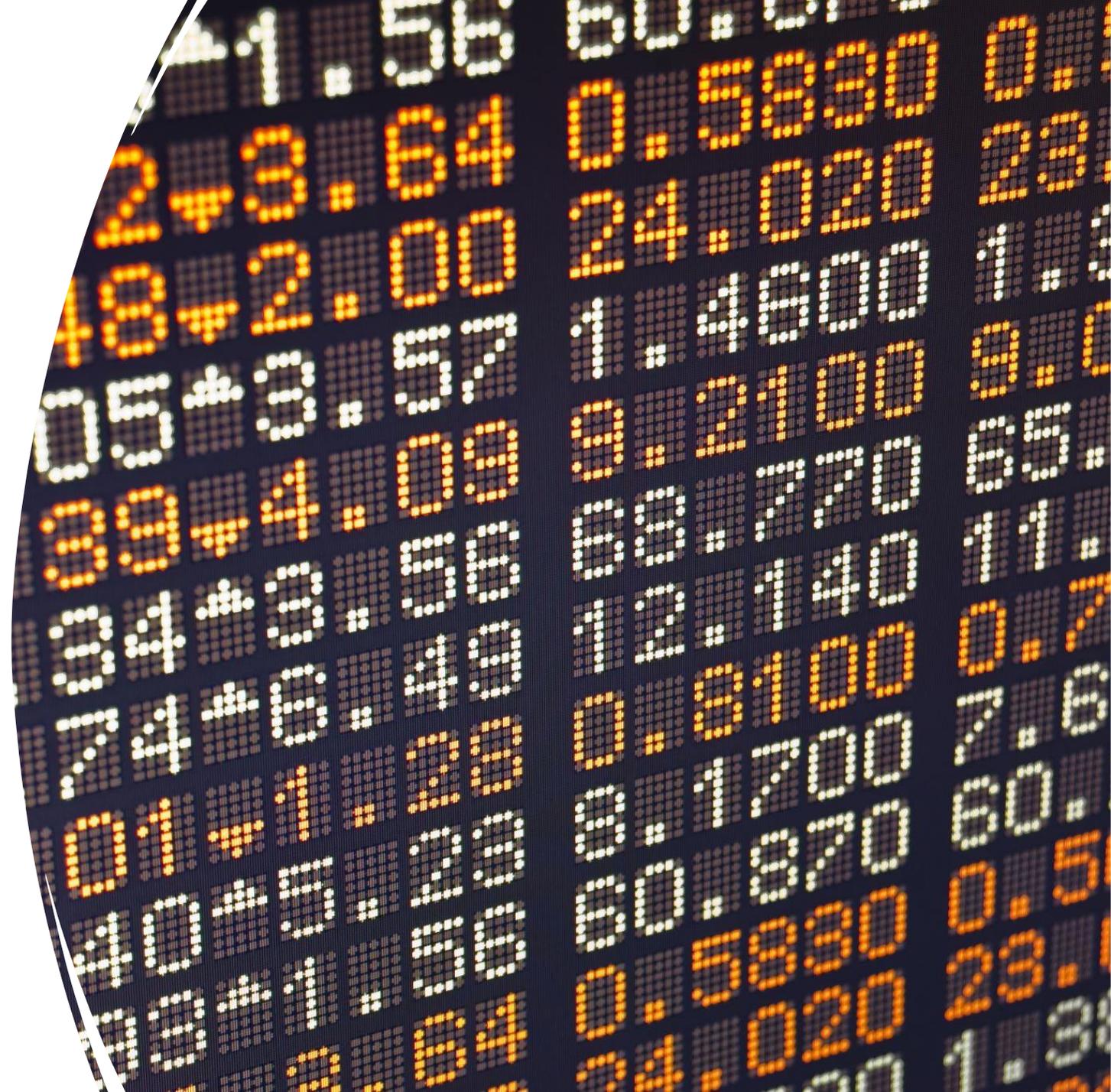


## Unfortunate News late 2022: USA

- Although we have had a few recalls in the last few years internationally, identified illnesses have been quite low.
- Late in 2022 a recall in the USA= 63 illnesses
- The company had a team that had food safety background but had not yet been exposed to the Sprout Safety Alliance training.
- By lacking sprout specific training, the risks that are specific to sprouts may not have been fully understood. This meant that reactions may not have been swift enough to avoid these illnesses or remove the products from market quickly.

# United States of America Statistics for sprout recalls and illnesses

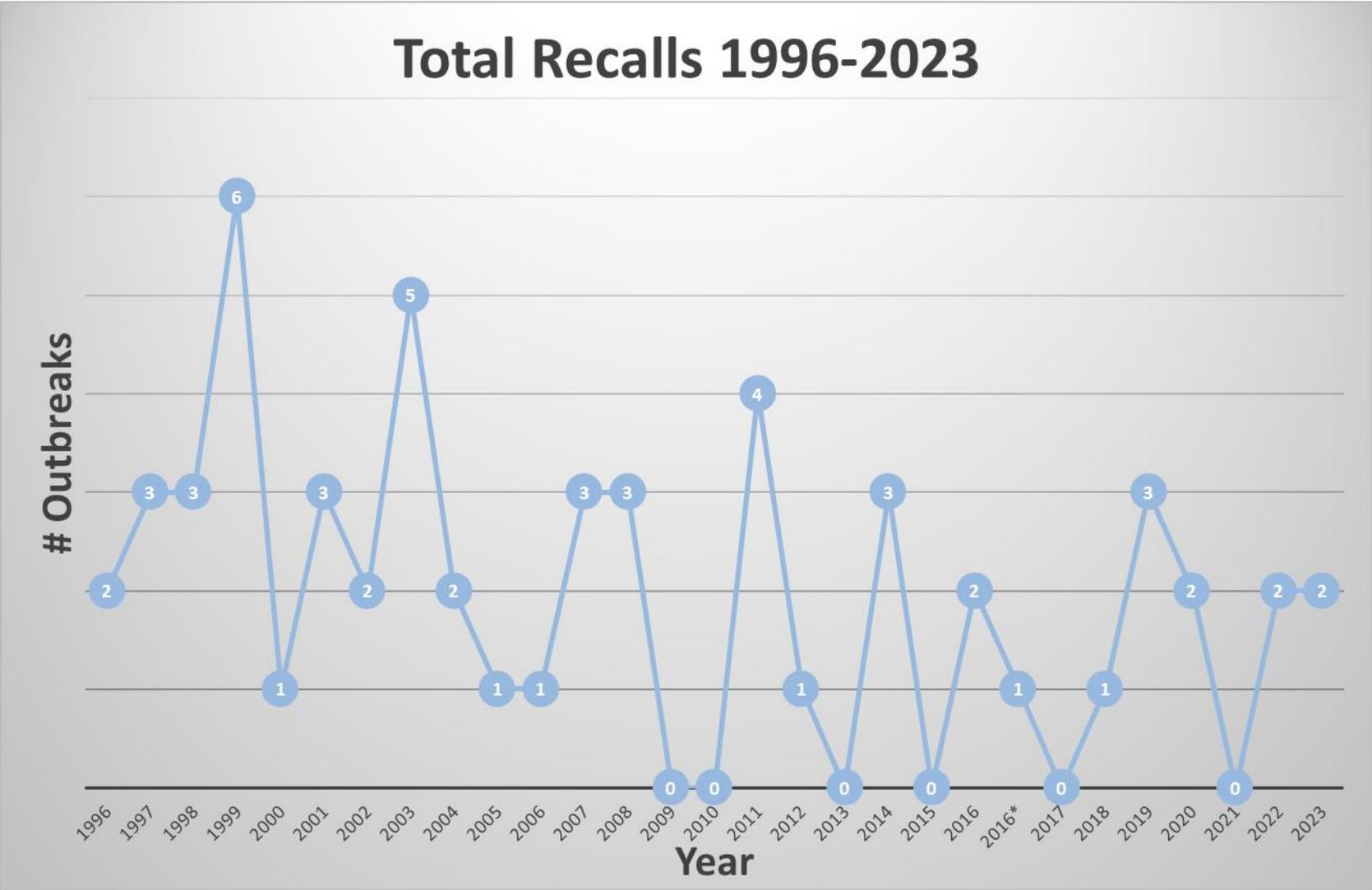
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# USA Total Recalls: 1996-2023

Sprouts Recalls and Illnesses 1996-2023		
Year	Recalls	Illnesses
1996	2	650
1997	3	277
1998	3	48
1999	6	389
2000	1	75
2001	3	88
2002	2	21
2003	5	52
2004	2	33
2005	1	2
2006	1	4
2007	3	59
2008	3	65
2009	0	0
2010	0	0
2011	4	72
2012	1	19
2013	0	0
2014	3	139
2015	0	0
2016	2	47
2016*	1	26
2017	0	0
2018	1	10
2019	3	22
2020	2	51
2021	0	0
2022	2	63
2023	2	0

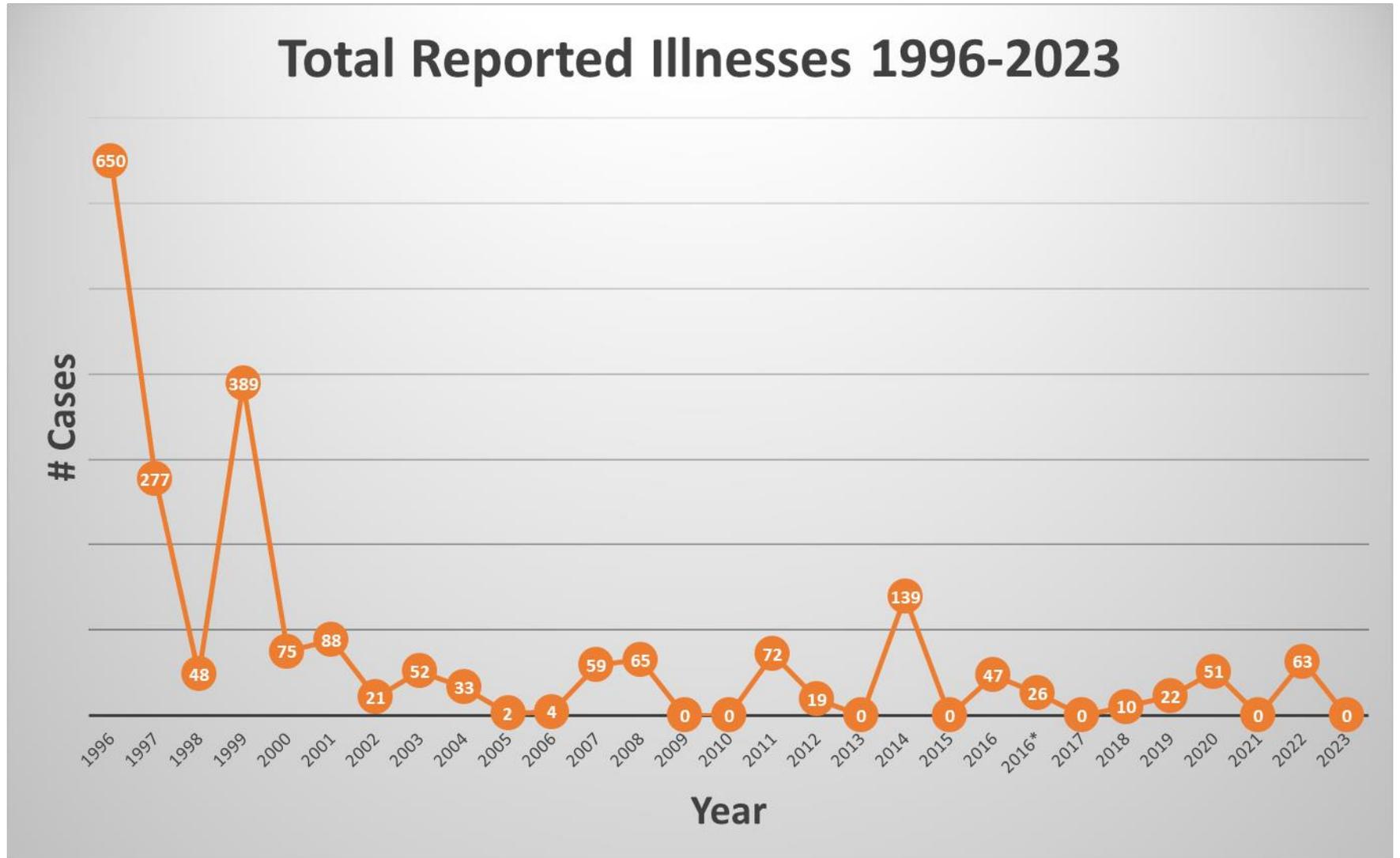
**NOTE: 2016\* two data points due to seed lot recall.**



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Climate change and supply chain issues are contributing to potential seed shortages. This impacts seed suppliers and growers

- The pandemic impacted seed availability: Consumer home sprouting and freight issues put more pressure on seed supply.
- The plant-based movement may be diverting seed as ingredients that could be used for sprouting.
- Climate change and the dramatic weather events we are seeing around the world will impact seed supply eventually.
- Supporting learning opportunities for seed producers about the sprouting seed industry may help grow access.



## Labour shortages and loss of experienced sprouters

- Since the pandemic, most industry has been feeling the impact of lack of engaged workers.
- Many sprout producers and workers are aging and will be retiring in the next 5-10 years
- Sprouting is a very physical job, so people often are not fit enough to do it.
- Staff shortages can result in long days, tired workers and less attention to detail.
- Lack of experience can result in poor decision making relevant to sprout specific food safety steps.
- We need to do everything we can to continue to recruit and train people who are intelligent and care

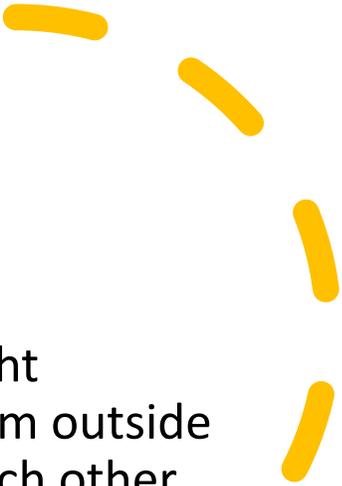
# Focus on traceability

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- Over the last number of years focus in all countries on improving the traceability of foods has been underway.
- The sprout industry is embracing this and is much more readily able to connect with buyers and activate recalls.
- This makes a big difference in the reduction of product being in the market- place that needs to be removed.







# GOOD news

- We had a great convention that brought researchers, producers and people from outside the industry together to learn from each other.
- Many researchers continue to work on seed treatments and other aspects to continue to improve food safety in the sprout supply chain.
- Sprouters are being recognized as having a good track record with food safety improvement.
- We are engaging with other sector groups to build strong connections and learning opportunities.
- We are looking for funding to invest more resources into outreach and problem solving.
- We still have access to seeds.



## Consumer Reports compiles a list of 10 'risky foods' to watch out for

By Coral Beach on March 31, 2023

Consumer Reports is out with a new analysis of what it describes as risky foods consumers should know about.

The list was compiled after the organization looked at data from 2017 through 2022. The researchers focused on widely consumed foods that had recalls during the study period. They did not include recalled food related to allergens or extraneous materials. The report ranked recalls based on how many people died or became ill, as well as how widespread the outbreaks were and how many times a food was recalled.

The 10 foods that made the list are:

- Leafy greens
- Deli cheese and meat
- Ground beef
- Onions
- Turkey
- Chicken
- Papayas
- Peaches
- Cantaloupe
- Flour

- 
- We are not specifically listed here
  - We are not complacent
  - We will continue to work hard

# Opportunities

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- We have a deep knowledge of our products and where applicable there is the potential for other industries to learn from our mistakes.
- There is a lot of research being done on sprouts. Researchers love working with our products as they grow in less than a week. This means that there is a lot of opportunity for us to engage with researchers to try new things and apply to real world situations and we can be a strong partner in innovation for the entire produce industry.
- We can feed people anywhere in the world.





WHAT  
RESEARCH IS  
NEEDED FOR  
OUR INDUSTRY?

# Research focused more from industry perspective

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Improve growing methods

Continue temperature research

Testing methods for emerging pathogens

More education on managing cross contamination in a wet active environment

Continue to work on competitive exclusion concepts: Phage and other focus areas

Nutrition research for sprouts

Education of producers, regulators and consumers about the difference between microgreens and sprouts

Seed treatments need to be evaluated for each seed type. Not all seeds respond to the same treatment in the same way

Innovation in growing equipment including exploration of robotics

# Research focused more from regulators perspective.....

Consider completing another sample data capture but work with industry to establish protocols

Consider that not all positive results come from seed. Environmental factors should be evaluated more

Continued work to improve epidemiological tracking

Support companies to understand risk management and evaluation

Seed treatments need to be evaluated for each seed type. Not all seeds respond to the same treatment in the same way



# QUESTIONS



# Thank you for your time

- 
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  - 250-338-4860 ext 102



# REFERENCES

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